

REGISTRATION

Register individually, with friends or as a team. If you would like to be placed on a team with your friends, please note their names on the registration form.

REGISTRATION DEADLINE: March 13, 2010

FEE: \$110.00

Space is extremely limited!! First come, first served. Sign up soon!!

RULES AND OVERVIEW

- "5 ON 5" or "6 on 6" OFFENSE (QB/4 or 5BACKS/WR) DEFENSE: 5 / 6 defenders
- PASS ORIENTED - 1 RUN EVERY 4 DOWNS
- 4 DOWNS TO CROSS MID FIELD
- 4 DOWNS TO SCORE
- QB SWITCHES EVERY SERIES. REST WR/RB. QB THAT SERIES RUNS HUDDLE/ CALL PLAYS

SEND COMPLETED REGISTRATION FORM AND CHECK PAYABLE TO :

Big Green Sports/SCOTT MCCART

61 MICHELLE DRIVE

CLIFTON PARK, NY 12065

Can Contact:

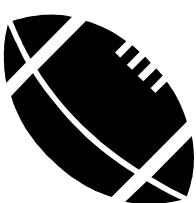
373-1630 home
441-3448 cell

Big Green Sports / SCOTT MCCART
61 MICHELLE DRIVE
CLIFTON PARK, NY 12065

to the parents/GUARDIANS of:



I F I



SPRING

2010

Indoor Football League

Sportsplex of Halfmoon
6 Corporate Drive
Clifton Park, NY 12065

Visit
biggreenifl.com



I.F.L. Information

GAMES:

Games are 1 hour in length. All games will be at the Sportsplex of Halfmoon. Games will be played once a week. You will be receive an e-mail for the time of your first game. Remaining game schedule will be given out on the first day, as well as available on-line. **PARTICIPATION:**

The league will be divided into six divisions:

- MITTE:** K - 1st Grade
- JUNIOR:** 2nd - 3rd Grade
- MIDDLE:** 4th - 5th Grade
- SENIOR:** 6th - 7th Grade
- MODIFIED:** 8th-9th Grade
- VARSITY:** 10th-12th grade

COST: \$110.00 per participant

Players are expected to attend all Games as roster sizes will be kept Small (up to 12 max.) to ensure Maximum playing time.

For More Information
 contact:
Scott McCart
373-1630 Phone
441-3448 Cell
smccart10@nycap.rr.com

Can't get enough I.F.L.? Want to keep playing? Welcome to the

SPRING season of the I.F.L.

Indoor football is a fun, fast paced arena style flag football game that emphasizes passing and scoring. The league format promotes self-direction and team work. The spring season is less structured. In the older divisions , teams can get re-shuffled every two weeks.

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First come, first served. Sign up soon!!

PROGRAM LENGTH:
 6 weeks
Dates: All Sundays
 (3/14, 3/21, 3/28, 4/11
 4/18, 4/25/10)
TIME: 8a, 9a or 10a
LOCATION: Sportplex of
 Halfmoon
FOR: Kids from K – 12th
 grade

Sign-up Form

Sign up for: MUST CHECK ONE

- MITE: K - 1st Grade
- JUNIOR: 2nd -3rd Grade
- MIDDLE: 4th - 5th Grade
- SENIOR: 6th-7th Grade
- MODIFIED: 8th -9th Grade
- VARSITY: 10th-12th grade

Player Name	Player Age
Address	
Parent Name:	
Emergency Contact:	
Phone	Cell:

E-mail

I, the undersigned parent or legal guardian, agree that the I.F.L and it's sponsor assumes no legal liability for injuries or other loss as a result of such participation. I also have medical insurance coverage for the above registered player.

Parent/Guardian Signature Date

Method of Payment **REQUEST TO BE PLACED WITH**
 Check:
 Made payable to Big Green Sports / Scott McCart
 \$95 Fee

SEND COMPLETED REGISTRATION SECTION TO:
 Big Green Sports /SCOTT MCCART
 61 MICHELLE DRIVE
 CLIFTON PARK, NY 12065
 PHONE:373-1630
 CELL: 441 -3448
 Email: smccart10@nycap.rr.com

